

Special Offers

Mondays & Tuesday

Half Price on All 1hour Massages
and 1hour Facials

Wednesdays

50% Off for Over 55's

Thursdays

50% OFF Students
(Valid ID Required)

Fridays

25% Off Waxing

Terms and Conditions

Offers refer to the treatments valued €50 or over. Not including Waxing Offer on Fridays.



nrgize

Beauty Clinic

Opening Hours

Monday	10am- 6pm
Tuesday	9 am - 10pm
Wednesday	9am- 10pm
Thursday	9am- 10pm
Friday	9am - 10pm
Saturday	10am-6pm
Sunday	10am-6pm

DERMALOGICA STOCKISTS

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GIFT VOUCHERS AVAILABLE

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FREE PARKING

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24 HOUR CANCELLATION REQUIRED, CREDIT CARD REQUIRED
TO SECURE BOOKING ON TREATMENTS OVER €60

**NRG Health & Fitness Members Receive 10%
Discount on All Treatment**

dermalogica®



nrgize

Beauty Clinic

*NRG Health & Fitness
Knocknacarra
Galway*

Phone: 091 585800

www.nrgfitness.ie



Facial Treatments

Dermalogica Prescriptive Facial

Consisting of a full consultation, incorporating face mapping and one hour of your prescribed and customized facial.....€65

Environmental Facial

Ideal for sensitive, dehydrated skin and also a perfect facial to brighten up tired skin.....€70

30 Minute Miracle Facial

A quick-fix for those on the go.....€30

Men's Executive Facial

A deep cleanse facial which includes a relaxing scalp, neck and shoulders massage.....€50

Microdermabrasion

The ultimate treatment to gently exfoliate upper layer of the skin leaving a silky smooth finish. Treats fine lines, acne scarring, sun damage and uneven skin.

One treatment€65

Course of 6 treatments.....€350

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Body Treatments

- Full Body Swedish Massage- 1 hour€60
- Back, Neck & Shoulder Swedish Massage- 30mins...€30
- Sports Injury Massage- 1 hr.....€65
- Sports Injury Massage- 30 min.....€35
- Deep Tissue Massage- 1 hr.....€65
- Hot Stone Full Body Massage- 1hr.....€75
- Hot Stone Back Massage- 45 mins.....€45
- Aromatherapy-1hr.....€60
- Indian Head Massage- 45 mins.....€45
- Enzymatic Mud Pack-1 hr 15 mins.....€65
- Reflexology- 1hr.....€60
- Lymphatic Drainage/Anti Cellulite treatment- 1hr....€50

Tan

- Bronz Express Full Body..... €20
- Bronz Express Half Body.....€15
- Fake Bake Spray Tan Available On Request€30

Elegant Nails

- Luxury Manicure.....€25
- Mini Manicure.....€19
- Luxury Pedicure.....€30
- Mini Pedicure.....€22
- File & Polish.....€15

€5 EXTRA CHARGE FOR FRENCH POLISH WITH ANY OF ABOVE

Waxing

- Full Leg.....€30
- Full Leg including bikini.....€36
- Half Leg.....€18
- Underarm.....€10
- Back\Chest.....€28
- Lip or Chin.....€10
- Side of Face.....€8
- Arm.....€15
- Abdomen.....€10
- Bikini.....€15
- Californian.....€25
- Brazilian€35
- Hollywood.....€55

Eyes

- Eyebrow Shape/Wax.....€9/€11
- Eyelash Tint.....€12
- Eyebrow Tint.....€8
- All three together.....€26

PLEASE NOTE : A 48 HOUR PATCH TEST IS REQUIRED IF WAXING OR TINTING HAS NEVER BEEN DONE BEFORE

